



## What we have been up to this week:

Thank you to all the staff and children for being so fantastic during our Review Day on Monday. It is always rewarding when people come in from outside and see our school in action and have so many good things to say.

We were complimented on the breadth and quality of our curriculum with all the fantastic opportunities that are built in to support the children with their learning and to bring it to life.

High quality teaching was seen throughout school and the children talked confidently about what they learn in school, what they like about school, and what they do when things go wrong for them in school.

Year 1 then all took advantage of one of our many curriculum enhancements as they went on a trip to Eureka. They had a fabulous time as they went around the museum, focus mainly on learning about the body and our senses to fit with what they have been learning in science.

We ended the week saying goodbye to Mrs Loy who is leaving us to work in another school. She will be greatly missed and we wish her every success in her new school. They are very lucky to be getting her.

After the Easter break we will be welcoming two new members of staff; Miss Foggin and Miss Borough. We are delighted to have appointed them and look forward to them being part of our team.

Next week we have our next Celebration Assembly, for Year 2. Come along and hear all about what the children have been learning and then have a look in your child's books to see all that learning in action.

If you have not yet booked your Parents Evening slot please take the time to make an appointment before all the slots are taken. Our teachers would like to meet with as many of you as possible.

We also have our Year 4 and 5 concert coming up very soon (26, 27, 28.3.24). It is open to parents, friends and family as usual but you will need to go on to Parent Pay to book a ticket. This is so that we know how many people to expect at every performance, and do not exceed our safety limits.

**Ms Talbot**  
**Enjoy, Aspire, Persist, Achieve**

## Dates for your Diary:

18.3.24	Assessment Week
18.3.24	Rock Steady Concert
19.3.24	Year 2 Celebration Assembly
21.3.24	Parents Evening
26.3.24	Year 4 and 5 Concert
26.3.24	Parents Evening
27.3.24	Year 4 and 5 Concert
27.3.24	Forest School tree planting
28.3.24	Year 4 and 5 Concert
28.3.24	School closes
15.4.24	School opens
17.4.24	Class Photographs
18.4.24	Year 4 Skipping School
19.4.24	Coffee Morning
23.4.24	Reception Trip
26.4.24	Coffee Morning
30.4.24	Reception Trip
3.5.24	Coffee Morning
7.5.24	Governors
8.5.24	Year 4 Sleepover
15.5.24	Year 4 Trip
14.6.24	Coffee Morning
21.5.24	Year 3 Celebration Assembly
3.6.24	Year 4 Times Table Checks
4.6.24	Year 5 Celebration Assembly
5.6.24	Year 2 Trip
7.6.24	Year 3 Mr Egypt
10.6.24	Assessment Week
17.6.24	Assessment Week
28.6.24	Coffee Morning
1.7.24	Rock Steady Concert
4.7.24	Year 6 Transition Day at Woodkirk
5.7.24	Year 6 Leavers Concert
10.7.24	Nursery Graduation
11.7.24	Year 3 Camp Over
19.7.24	School closes

## **We have a vacancy in our Kitchen if you are looking for a new job opportunity:**

Monday to Friday, term time only, 2.25 hours per day (11.25 hours per week).

£10.42 per hour rising to £11.44 per hour from April.

The vacancy starts as soon as possible, pending an enhanced DBS. Full uniform provided.

Contact 0752559790 to arrange an interview.

We look forward to welcoming a new member of kitchen staff to our school team very soon.

### **PTFA Update:**

Happy Friday everyone!

Quick update from your PTFA crew this week

### **Valentines Disco:**

Just to let you know we raised a whopping £400 at the rescheduled Valentines disco! Thank you so much for supporting our events, it really helps our kids in school.

### **Mothers Day:**

We are in the process of gathering the donations from the Mothers' Day Gift Shop so will let you know how much is going in the piggy back as soon as we can.

### **PTFA Meeting:**

We had a PTFA meeting this week to start discussing the next round of fun activities for everyone to get involved in, so please keep reading the newsletter to see what's coming up over the remaining school year.

Our next meeting is 25th April, if anyone would like to come along please email the address below.

That's all folks for this week. If anyone would like to join the PTFA or has any suggestions, please email [ptfa@eastardsley.leodis.org.uk](mailto:ptfa@eastardsley.leodis.org.uk). We would love to have your support.

Have a good weekend,

**PTFA Crew**

# Parents Evening:

Thursday 21<sup>st</sup> March- **Virtual** Sessions only

Tuesday 26<sup>th</sup> March- **In person** sessions only- Held in the school hall.

Parents evening will commence on both dates from 4.00 pm until 6.30 pm for Reception to Year 6 children. Appointments are timed and will last for 10 minutes.

The system opens on Monday 4th March to be able to book your appointment. Your log in details are your 1<sup>st</sup> or 2<sup>nd</sup> emergency contact details we hold on your child's record.

Due to limited availability only 1 appointment can be booked per child, and you will not be able book onto both dates.

Parents of children with SEND have separate, termly meetings and do not need to attend Parents Evening.

Please visit <https://eastardsley.schoolcloud.co.uk> to book your appointment.

Please visit the below link to access support for the virtual appointments.

<https://support.parentseveningsystem.co.uk/article/801-video-parents-how-to-attend-appointments-over-video-call>

# Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

## 1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.



## 2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.



## 3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.



## 4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences – so this conversation can reassure them being honest with you was the right decision.



## 5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.



## 6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.



## 7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.



## 8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.



## 9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.



## 10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.



## Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.



#WakeUpWednesday

The National College

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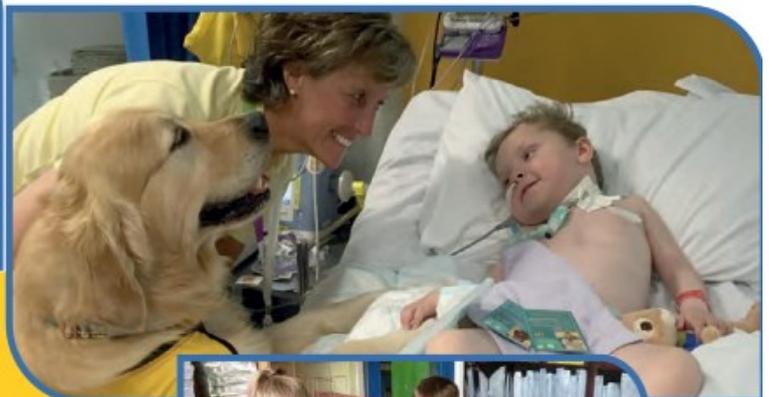
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### For more information or help:

🌐 [petsastherapy.org](https://petsastherapy.org)  
✉ [reception@petsastherapy.org](mailto:reception@petsastherapy.org)  
☎ 01865 671440

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